

Sonshine Christian Academy

Food Program Information 2023-2024 School Year



Sonshine Christian Academy is committed to the mandate that Jesus issued His disciples to *feed my sheep* (John 21:15-17, KJV). We honor the National Food Lunch Program eligibility guidelines and have hired certified food directors and cooks who are qualified to prepare hot meals every day for all our students. This means that Sonshine will continue to use the USDA National criteria to determine whether a child may eat for free or at a reduced rate. It is to the advantage of every household to complete the 2023/2024 National Food lunch program application so that Sonshine may honor your eligibility and apply the free or reduced status to your child's account so as to avoid paying full price for the meals they consume at the school.

Please review the following breakfast and lunch menus, and feel free to call the school office for more information regarding our cafeteria and food distribution process. The following breakfast and lunch menus have been prepared to accommodate all students, whether they are eligible to receive free/reduced meals or must pay full price because of non-eligibility. All price points are fixed for the school year, but the **food menus are subject to change** as our Food Directors introduce new meals to the menu for seasonal purposes:

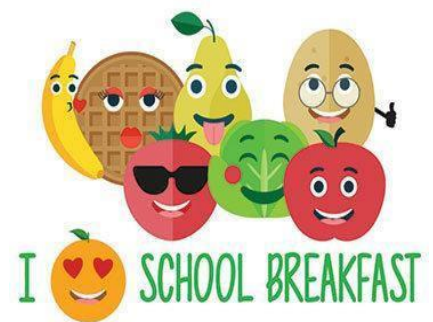
Daily Breakfast Menu Options:

Hot Breakfast: Scrambled Eggs, Toast, Sliced Ham

Cold Breakfast: Breakfast Bar or Cereal and Fruit Cup

Beverage Options: Orange Juice, Apple Juice, or 2% Milk

Full Price Amount: \$1.55 • **Reduced Amount:** \$.30 • **Free:** Free



Please contact school office to apply for the Free or Reduced Eligibility application form today! Failure to apply to the free or reduced lunch eligibility form will result with full-price charge on your monthly statement.

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Weekly Lunch Menu:

	Monday	Tuesday	Wednesday	Thursday	Friday
Week I	Chicken Nuggets	Macaroni & Cheese	Meatballs	Hot Dogs/ Corndogs	Pizza (cheese or pepperoni)
Week II	Frank & Beans	Chicken Sandwiches	Sloppy Joes	Tacos	Pizza (cheese or pepperoni)
Week III	Chicken Nuggets	Macaroni & Cheese	Meatballs	Hot Dogs/ Corndogs	Pizza (cheese or pepperoni)
Week IV	Frank & Beans	Chicken Sandwiches	Sloppy Joes	Tacos	Pizza (cheese or pepperoni)
Fruits	Diced Peaches	Apple Slices	Cuties Oranges	Apple Sauce	Diced Peaches
Vegetables	Corn	Green Beans	Corn	Green Beans	Salad
Beverages	Fruit Punch or 2% Milk	Fruit Punch or 2% Milk	Fruit Punch or 2% Milk	Fruit Punch or 2% Milk	Fruit Punch or 2% Milk

Full Price Amount: \$3.05 • Reduced Amount: \$.40 • Free: Free

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